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About the Cowichan Valley

Located halfway between Nanaimo and Victoria, the Cowichan Valley is a community nestled on Vancouver Island and is known for its ocean beaches, thick forests, clean and beautiful lakes, scenic rivers, streams, mountains, and rolling farmlands.

Regardless of where you travel within the region, wildlife is within your vision. Whether you prefer to fish, scuba dive, hike, windsurf or kayak, each of these activities will present a unique opportunity to experience a wide range of natural wildlife.

The Vancouver Island region has the most moderate climate in Canada making it an ideal destination year round. As a response to the mild winters, beautiful spring growth, and long dry summers, the Cowichan Valley has become a desired location to raise families and/or to retire.

The Cowichan Valley is a unique, busy community. It offers opportunities for both young and old in a safe, strong community.

School District #79 (Cowichan Valley)
International Student Program
Cowichan Secondary School
2652 James Street, Duncan
British Columbia V9L 2X2 Canada
Phone (250) 746-0744 • Fax (250) 746-0757
Email lgamble@sd79.bc.ca
www.sd79.bc.ca/programs/international



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A great place to...

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MAKE FRIENDS

ENJOY NATURE



Activities may include:

Classic Canadian Foods
Visit to Whistler
Historical Canada
Our Parliament

Canadian Economy –
Pulp & Paper Lumber,
Outdoor Tourism
First Nations Art

First Nations Lore
First Nations Foods & Customs
Canadian Outdoor & Lifestyle
Kayaking, Hiking, Camping

Summer Program - Sample Schedule

	Theme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 July 2-5	Canadian Culture & Traditions	AGRICULTURE Beekeeping & tour of a honey producer	HORTICULTURE Tour and picking berries	HISTORICAL Tour of Victoria	TRADITIONS Canning & preserving jam	TRADITIONS Baking	With Host Family	With Host Family
Week 2 July 8-12	Tourism & Ecosystems	ECOSYSTEMS Salmon Hatchery	ECOSYSTEMS Oceans & Butterflies	ECOSYSTEMS Water Enhancement	ECOSYSTEMS Shoreline Activities	ECOSYSTEMS Dairy Farm	With Host Family or Optional Whistler Tour	With Host Family
Week 3 July 15-19	First Nations Art & Culture	INTRODUCTION TO CULTURE Art	LORE Weaving	CULTURE Carving	LANGUAGE Printmaking	First Nations Feast	With Host Family	With Host Family
Week 4 July 22-26	Canadian Outdoors	OUTDOOR SKILLS Kayaking	OUTDOOR SKILLS Beach Day	HIKE Rock Climbing	HIKE Mountain Tour	Final Celebration	With Host Family	With Host Family

An Example Day:

9:00 – 11:00

Class time
Material to support afternoon activities
i.e. learning Rock Climbing terms & equipment

Mornings: Language acquisition based on activities within the week
Example: Kayaking – language work will focus on boating terms, kayak parts, water safety.

Afternoon: group lesson with kayak instructors at the beach, then later out on open water

11:00 – 12:00

Lunchtime

Mornings: History of Canada: explain the geographical and historical information and terms

12:00 – 3:00

Activities
i.e. Rock Climbing

Afternoon: Touring the Parliament Buildings, Provincial Museum

10 Reasons to choose the Cowichan Valley International Program

1. The Cowichan Valley is a safe and welcoming community with an excellent homestay program
2. We have 19 years of experience in delivering International Education
3. We provide excellent English immersion opportunities – Only 2.5% of the population is non-English speaking
4. We provide BC certified ESL Teachers for support
5. We are able to provide short term, summer, and Graduation programs
6. Provincially recognized academic, athletic, and fine or performing arts programs
7. We offer unique academic opportunities such as the self-paced or excel graduation program
8. We offer AP courses for University credit
9. Distinctive recreational courses such as search and rescue, eco-tourism, personal fitness training and culinary arts programs
10. We counsel and assist with post-secondary applications